



## Life Skills Class Instructor

Location: Project Light Safe House

Reports To: Residential Coordinator

Frequency: Flexible; based on class schedule and availability

Duration: Volunteers are requested to commit to a minimum of one year and maintain consistent communication with the Residential Coordinator regarding availability.

### Position Overview

As a Life Skills Class Instructor you will support survivors by teaching essential life skills that promote safety and stabilization. Your role will be instrumental in helping survivors gain confidence.

### Responsibilities

Class Development:

- Collaborate with the Residential Coordinator and/or Case Manager to utilize our curriculum that addresses key life skills.
- Deliver lessons that cater to the needs and interests of survivors.

Instruction and Facilitation:

- Lead life skills classes, delivering content in a compassionate and supportive manner to foster a positive learning environment.
- Patience with survivors in class allowing space if they choose not to participate.

Resource Preparation

- Prepare and gather necessary materials and resources for each class, including handouts, worksheets, and any required supplies.
- Utilize a variety of delivery methods to accommodate different learning styles and abilities.

Collaboration and Communication:

- Work collaboratively with staff and other volunteers to ensure that classes align with Project Light's mission and values.
- Communicate effectively with the staff regarding participant needs, and any challenges encountered.

### **Training and Orientation**

- Attend mandatory volunteer orientation and any additional training related to life skills education and trauma-informed care.
- Stay informed about Project Light's mission, policies, and services to provide accurate information and support to survivors.

### **Supportive Environment**

- Foster a safe and welcoming classroom atmosphere where survivors feel comfortable.
- Kind, patient and compassionate delivery is vital.

### **Qualifications**

- Experience in teaching, training, or facilitating workshops is preferred, but not required.
- Strong interpersonal skills, communicating kindly and respectfully.
- Knowledge of life skills development and understanding of the challenges faced by survivors of trafficking is a plus.
- A commitment to maintaining confidentiality and respecting the privacy of survivors.

### **Benefits**

- Opportunity to make a meaningful difference in the lives of survivors by equipping them with skills.
- Gain valuable experience in teaching and community service.
- Access to training and resources related to trauma-informed care and support.
- By fulfilling the responsibilities of a Life Skills Class Instructor, you will play a vital role in caring for survivors to develop skills and confidence.